TOPIC 13: THE KEY OF REFLECTION

At some point during this thing we call 'life', there are many individuals who go through an existential crisis and start to ask the "big questions" about life, man and the universe. People may come to certain conclusions as to the purpose of their life and what they must do to achieve ultimate success. This key is to therefore get people to think and reflect over such questions.

questions.
DISCUSSION Discuss these questions with your partner as if you were to explain them to a non-Muslim. Discuss how you came to the conclusion that you have, and use it in a manner that will "unlock their fitrah" (you can refer to scripture).
Why are we here?
Who are we?
Where are we going?
What are we supposed to do?
What is life all about?

Some answers you could have given:

- Why are you here? "I did not create jinn and humans except to worship Me" (51:56).
- Who are you? A servant of Allah
- Where are you going? It is Allah Who has raised the heavens without pillars—as you can see—then established Himself on the Throne. He has subjected the sun and the moon, each orbiting for an appointed term. He conducts the whole affair. He makes the signs clear so that you may be certain of the meeting with your Lord. (13:2)
- What are you supposed to do? and worship your Lord until the inevitable I comes to you. (15:99)

Reflection is similar to when a person has a positive experience. But those who reflect over themselves, their surroundings, the bigger picture, nature, the celestial bodies, the universe – these are a catalyst for the fitrah to become unlocked. In many verses, Allah tells us there are signs in this world for those who reflect.

Indeed, in the creation of the heavens and the earth; the alternation of the day and the night; the ships that sail the sea for the benefit of humanity; the rain sent down by Allah from the skies, reviving the earth after its death; the scattering of all kinds of creatures throughout; the shifting of the winds; and the clouds drifting between the heavens and the earth—'in all of this' are surely signs for people of understanding. (2:164)

This worldly life is no more than play and amusement, but far better is the 'eternal' Home of the Hereafter for those mindful 'of Allah'. Will you not then understand? (6:32)

And He is the One Who spread out the earth and placed firm mountains and rivers upon it, and created fruits of every kind in pairs. He covers the day with night. Surely in this are signs for those who reflect. And on the earth there are 'different' neighbouring tracts, gardens of grapevines, 'various' crops, palm trees—some stemming from the same root, others standing alone. They are all irrigated with the same water, yet We make some taste better than others. Surely in this are signs for those who understand. (13:3-4)

Think of some other ideas for reflection, and how you could use them to awaken someone's fitrah.